



Routes of trekking and biodiversity in San Martín

Photo: Heinz Pflanz



Proyecto "Alto Mayo - Tarapoto: Turismo y Naturaleza en Valor"



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra
Departamento Federal de Economía,
Formación e Investigación (DFI)
Secretaría de Estado para Asuntos Económicos SECC



San Martín
GOBIERNO REGIONAL

Dirección Regional de Comercio Exterior y Turismo

SAN MARTIN



Location

Northeastern Peruvian Amazon
rainforest

Capital

Moyobamba



Altitude

Min.: 190 masl (Pelejo)

Max.: 4500 masl (Cordillera Oriental)



Weather

temperature

Max.: 34 °C

Min.: 18 °C



Nov - Abr

Rainy season



May - Oct

Dry and sunny
season

How to get there?



Terrestrial

• Lima - Chiclayo - Olmos - Bagua - Rioja - Moyobamba:

1 250 km / 26 hours by bus

• Lima - Huánuco - Tingo María - Tocache - Juanjuí - Tarapoto - Moyobamba:

1 134 km / 22 hours by automobile



Aerial

Cadet FAP Guillermo del Castillo Paredes Airport - Tarapoto

• Lima - Tarapoto **1 hour and 15 minutes**

• Iquitos - Tarapoto **1 hour**

• Arequipa - Tarapoto **2 hours**

Trekking and biodiversity Routes of in San Martín

An experience in the jungle that will make you feel privileged, these routes promise a wonderful journey of enjoyment of biodiversity and walks that, along the way, will make you discover mountain ranges that you would not believe exist in our Peruvian jungle.





Map

Trekking route and biodiversity
in San Martín

Legend:

- Tourist attraction
- City
- Village center
- Rivers
- Conservation areas
- Protected Natural Area
- Paved road
- Paved road
- Provincial boundary



1.

Trekking and biodiversity at San Roque de Cumbaza

This route is located in San Roque of Cumbaza, 18.4 Km from Tarapoto city (a 45 minute drive on a paved road). There are great restaurants and lodges in the village to enjoy your stay, as well as Wellness & Yoga retreats.

Social Enterprise Ecoaldeas Peru has developed different Hikes & Trekking Experiences where local villagers are the main hosts. Each Trek has different themes and highlights. You can either Hike to various Amazonian Mountains viewpoints, visit organic coffee plantations, practice traditional weaving with indigenous women, camp among the Rainforest Mountains on the way to giant waterfalls, and also practice softer activities like birdwatching and a Biodiversity Trail.

Enjoy the views and landscapes of the Regional Conservancy Area Cordillera Escalera, climbing to 1100 meters to watch the mountain range known as Cahuapayas, a habitat of different flora and fauna species typical of this ecosystem. The most common birds that can be found on the way are tanagers, hummingbirds, kites, falcons, and honeycreepers.

Toroyacu waterfall is the main attraction, located at 1 230 m.a.s.l. This 100-meter fall is nestled in a small gorge, within the Protected Forest of Chirikyacu Indigenous Community. Before you arrive, you will hear the roar of the waters crashing in its pool, as the sky thunders before a heavy rain. The Campsites of this Trekking are run by the Chirikyacu Indigenous Community, as well as the food. You can experience it in two, three, or more days!





Photo: Heing Plenge

Activities you can do

- Hiking
- Trekking
- Camping
- Birdwatching
- Flora & Fauna Observation
- Photography and filming

Services you can take

Accommodation, restaurants & food services, tours (Hikes & Treks)

Office hours

From 8:00 a.m. to 8:00 p.m.

Type of Entry

Previous reservation

Contact information for reservations

Mobile number:

940 172 690 / 935 530 796

E-mail:

ecoaldeas.peru@gmail.com

Instagram:

<https://www.instagram.com/ecoaldeasperu>

Facebook:

<https://es-la.facebook.com/ecoaldeasperu/>

Website:

www.ecoaldeas.pe

Área de Conservación Regional
Cordillera Escalera



Cascada Tamushal

Mirador
Alto Shilcayo



Bocatoma Río Shilcayo

Centro de recepción de visitantes
Alto Shilcayo

Centro Urku

Orquídeas Amazónicas

Prolongación Alerta

Río Shilcayo

Restaurante La Collpa

Tarapoto

Legend:

- City
- Village center
- Rivers
- Conservation areas
- Protected Natural Area
- Paved road
- Paved road
- Provincial boundary
- trekking and biodiversity
- Journey to the route

2.

Trekking and biodiversity routes of Alto Shilcayo

It is located in the Regional Preservation Area Cordillera Escalera at 2.2 Km or 20 minutes from the city of Tarapoto. It is managed by the association of protection of flora y fauna Alto Shilcayo (APFF) and involves 03 touristic attractions: Waterfall of the bride, Waterfall of Tamushal and Natural Viewpoint Alto Shilcayo:

Waterfall of Tamushal located at a height of 671 m.a.s.l.. The waterfall has a fall of water in two times, 40 meters height over a rock wall, and it breaks in a pool of 02 meters depth, where visitors could enjoy of its cold water natural pool. By the location of the fall of water, it is easy to observe from the Viewpoint Alto Shilcayo (located at 1095 m.a.s.l.).

Natural Viewpoint Alto Shilcayo with a height of 1 095 m.a.s.l. The viewpoin is formed by a rock outcrop, from where you can observe impressive mountains, leafy trees and the cities of the Banda de Shilcayo, Tarapoto and Morales. During the tour to the viewpoint you'll be able to see flora and fauna typical of the forest.





Photo: Heing Plenge

Activities you can do

- Walking / Trekking
- Camping (previous coordination)
- Birdwatching
- Flora and fauna observation

Services you can take

Food, touristic Orientation

Office hours

From 8:00 a.m. to 4:00 p.m.

Type of Entry

Previous presentation of ticket

Contact information for reservations

Mobile number:

942902852 / 937 436 433

E-mail:

asociacionflorayfauna@gmail.com

Social media:

<https://es-es.facebook.com/APFFPeru>

Webpag:

<http://natur.jam.com.pe/servicio/esp/asociacion-para-la-conservacion-br-br-de-flora-y-fauna-alto-shilcayo>



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Foto: Heing Plenge



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CÁMARA NACIONAL DE TURISMO DEL PERÚ

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