A tour that allows you to experience adventure, nature and living cultures at its best, share ancestral customs of the Awajun indigenous community, navigate through the Mayo River and immerse yourself in the forested wetlands of Tingana and Santa Elena, an atypical wetland located 850 meters above sea level, housing a rich variety of flora and fauna with unique characteristics. On this route you can also visit El Morro Calzada, a unique hill that rises 575 meters high among the vast vegetation, turning it into a 360° panoramic and natural viewpoint, from where you can see the cities of Rioja and Moyobamba, cities recognized for its jungle gastronomy, the butterfly garden of Palestine and its variety of impressive orchids, as part of the tour you will visit a huge cave with ancient and imposing formations of stalactites and stalagmites, forming part of the scenery a wide variety of species of birds, reptiles, fish, and insects that have found their natural refuge in Alto Mayo.

**Routes of nature, adventure and living culture in San Martin**

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**Routes of bird watching in San Martin**

Among mountain ranges of moist cloud forests, tropical premontane forests, tropical forests valleys, dried forests valleys, and floodplains forests, the region of San Martín is prodigal in species of natural birds from each of its ecosystems. According to the platform eBird 2022, 1,076 bird species have been registered so far. In the last version of the Global Big Day 2022, 615 species were watched on a day, putting this region as the 2nd destination in Peru with the greatest sighting of bird species. It has three routes and a total of 18 watching points, with paths and viewpoints appropriate for amateur and professional birdwatching.